

PARAGON X



RUN YOUR TRAIL AT HOME

The newest addition to the award-winning Paragon line brings together performance and technology for a workout that's the closest thing to hitting the trail without leaving your house. Exclusive AirTrain Technology combines responsive air cushioning with 10 challenge programs to simulate real trail running. Intuitive controls adjust speed and incline at the touch of a button to add challenge, and the FitDisplay app with WeChat compatibility connects via Bluetooth to elevate the exercise experience with all the things that keep you moving. With this unique fusion of performance and technology, the Paragon X is the only treadmill for trail running beginners and enthusiasts who want to take their training further at home.

JOHNSON EXCLUSIVE TECHNOLOGY

At Johnson Health Tech, we invest in technology that completely redefines the exercise experience, helping you reach your fitness goals in smarter, easier and more enjoyable ways. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



AirTrain Technology

Our exclusive design features an air cushion system beneath the deck that inflates along with preprogrammed changes in speed and incline based on 10 real trail running competitions across North America, Asia and Europe. You can even choose from grass, dirt, gravel and stone terrain settings to create a feel right for the way you like to run.



Sprint 8

Achieve maximum results in minimum time with our 20-minute HIIT training, proven to burn up to 27% body fat in just eight weeks. Visit Sprint8.com for more information.



FeatherLight Folding

Get the sturdiness of a traditional treadmill with the convenience of a folding frame thanks to our effortless hydraulic folding system that facilitates easy storage between workouts.



Johnson Drive System

Maintain your rhythm with the responsive digital drive system that continuously recalibrates with each footfall. Plus, you can use your treadmill in any room of the house because the motor always runs at low RPMs, which minimizes noise and enhances durability.



FitDisplay App

FitDisplay connects via Bluetooth for an enhanced experience. The Beat program coaches you through resistance changes in sync to music. Virtual Active lets you explore exotic locales. Competition programs let you race friends, and target training keeps every run fresh. FitDisplay even remembers your settings and data to help you get started and keep going. WeChat compatible.

Specifications subject to change without notice.



FEATURES

- A powerful 3.25 HP motor and a 56 cm / 22" wide deck provide performance and room for intense trail running workouts
- Ultra-modern styling includes open frame, curved console, streamlined I-shaped folding and contoured, chrome-accented design details
- One-touch Run Control starts and stops workouts at the push of a button
- Advanced Bluetooth connects accessories like heart rate straps and syncs workout data with popular fitness apps
- Contact grips provide quick, accurate heart rate feedback
- Device holder keeps streaming entertainment and on-demand exercise classes clearly in view

KEY SPECIFICATIONS

TREADMILL

BELT	2.2 mm
RUNNING AREA	153 x 56 cm / 60" x 22"
CUSHIONING	Variable Response Cushioning + adjustable air cushioning system
INCLINE RANGE	0 – 12%
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12 mph
EXTRAS	Capacitive touch buttons, one-touch run control, crystal-clear display panel, FeatherLight Folding
MOTOR	3.25 HP Johnson Drive System
DIMENSIONS (L x W x H)	206 x 97 x 147 cm / 81" x 38" x 58"
FOLDED DIMENSIONS (L x W x H)	114 x 97 x 181 cm / 45" x 38" x 71"
PRODUCT WEIGHT	125 kg / 275 lbs.
USER WEIGHT CAPACITY	180 kg / 387 lbs.

CONSOLE

DISPLAY	Three White LED Windows
WORKOUT FEEDBACK	Time, Distance, Incline, Speed, Calories, Heart Rate
PROGRAMS	Console: Sprint 8, Distance (1k, 5k, 10k, Half Marathon), Calories (300k, 500k, 700k), Interval (Speed Interval, Peak Interval), Performance (Weight Loss, Gerkin), Heart Rate (Target HR, % Target HR), Step (5000, 10000), Cushion Run (Beginner, Obstacle, Challenge, 5K (1), (2), (3), (4), 10K (1), (2), 50K), Custom (Custom 1, Custom 2) FitDisplay App: Beat, Contest, Sprint 8, Virtual Active, Distance Target, Speed Target, Calories Target, Heart Rate Target, Intervals, Manual
ENTERTAINMENT	Device holder, compatible with FitDisplay app and other popular fitness apps
HEART RATE	Contact Grips and Bluetooth HR